

Fort McMurray Catholic Schools

Operating Policies and Procedures

OP 361 - Student Safety – Physical Activities

Policy

The Principal is responsible to ensure all physical activities to which their students participate are conducted in a safe and controlled manner.

Well-planned physical activity programs reduce the frequency and severity of injuries. By implementing safe instructional practices, such as use of sequential teaching progressions, as well as the inclusion of developmentally appropriate activities in program preparations, planning and daily teaching, the teacher guards against foreseeable risks.

Policies, procedures or guideline alone do not eliminate risk regardless of how well it is written or how effectively it is implemented. Safety awareness, based on up-to-date information, common sense observation, the teacher's ability to maintain a safe learning environment, action and foresight are keys to safe programming.

Procedures

All activities will be conducted in accordance with the appropriate safety guidelines as follows:

- a. Safety Guidelines for Physical Activities in Alberta Schools (by the Alberta Centre for Injury Control and Research - ACICR);
- b. Safety Guidelines for Secondary Interschool Athletics in Alberta (for interschool competitions);
- c. Other regulations or guidelines sanctioned by provincial or national sporting organizations relative to extracurricular activities; and
- d. Additional regulations specific to the venue or mandated by the facility operator.

The Principal shall ensure that:

- a. all personnel supervising a physical or sport activity is adequately trained and qualified to allow the safe conduct of the activity;
- b. staff review and consider the safety guidelines for the specific activities to be conducted;

- c. the appropriate safety guidelines for the activities are planned and enforced by the supervisor;
- d. Safe instructional practices are in place; and
- e. All incidents and injuries are reported and where appropriate, duly investigated.

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